ACADEMIA TEBA® LANGUAGES

GRANADA 2026



Activity Catalogue

Take part in our activities and enjoy a unique experience as part of your programme!



GET TO KNOW US

At **Academia Teba Languages**, we place great importance on our programme of activities, as we believe it plays a key role in our *students' linguistic and cultural immersion*.

That is why we offer a wide range of activities across three main categories: *cultural, social and sporting activities*.

Our activities are designed to encourage students to practise their language skills beyond the classroom, offering an engaging and interactive approach to learning. Students are always accompanied by our activity leaders, who are experienced professionals in youth activities and intercultural communication. Our team works closely together to ensure that every student enjoys an enriching experience while discovering Granada, its culture and local traditions.

In addition, some activities take place in local clubs alongside Spanish students of a similar age, giving participants the opportunity to interact with native speakers, build friendships and further develop their language skills.



DISCOVER GRANADA

FIRST ACTIVITY OF EACH PROGRAMME

We introduce students to Granada through a visit to the tourist information office and some of the city's most iconic landmarks.

This activity not only helps students become familiar with Granada and its main attractions, but also encourages teamwork, communication and interactive learning as they navigate and explore the city using a map.

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CULTURAL ACTIVITY

ALHAMBRA

Discover the Alhambra, an impressive **palace and fortress complex** and one of Granada's most iconic landmarks.

During the visit, a guide will take you through the Alhambra's beautiful *gardens,* magnificent *palaces* and impressive *towers*, while sharing fascinating insights into its about its *history*, *architecture* and cultural heritage.

You will also have the opportunity to explore the courtyards and gardens at your own pace, admire the intricate details of Islamic architecture and enjoy the **spectacular panoramic views of Granada**.

Alhambra



SPORT ACTIVITY

ARCHERY TAG

"Archery Tag" is an exciting game that combines elements of **archery and dodgeball.**

In this activity, participants use specially *designed bows and arrows* **with foam tips** to shoot at their opponents and eliminate them from the game. The aim is to hit opponents while avoiding being hit by arrows from the opposing team.

The game is usually played on a designated field or playing area, with *obstacles providing cover*.

Archery Tag is an **exciting physical activity** that combines *archery skills*, *strategy and teamwork*. It is a fun way to relieve stress and enjoy friendly competition in a **safe environment**, thanks to the foam-tipped arrows, which minimise the risk of injury.

Tiro con arco



SPORT AND
CULTURAL ACTIVITY

DANCE

This activity is designed **for people of all ages** who want to learn to *dance and enjoy music*.

It combines elements of various dance styles, **ranging from Latin and contemporary dance** to **traditional Spanish dances.**

It offers the opportunity to *enjoy music*, *stay active*, learn new dance styles and *socialise*. It is a fun and healthy way for people to explore their passion for dance in a *welcoming and* ***friendly*** *environment*.

Baile



SPORT ACTIVITY

BASKETBALL

Basketball is an exciting **team sport** played on a rectangular court, where the aim is to score points by shooting the ball through the opposing team's hoop.

It combines exercise, **sporting skills and fun**. It is an excellent way *to stay active*, develop *teamwork skills* and enjoy the excitement of a fast-paced, dynamic sport.

Through our links with local basketball clubs, particularly CB Granada, this activity offers students the opportunity to **immerse** themselves **in a local team,** where they can train and take part in weekly basketball sessions alongside local players.

Baloncesto



SPORT ACTIVITY

BOWLING

A great way to make the most of your free **time and score a strike against boredom!**

Bowling is both a *recreational activity* and a *competitive sport*. It is **popular around the world** and is played in bowling alleys and entertainment centres. In addition to the standard rules, there are several variations of the game, such as ten-pin and nine-pin bowling, which involve different numbers of pins and specific rules.

It is a fun and **social activity that can be enjoyed** by people of all ages and skill levels.

You can compete against your classmates and find out who has the best bowling skills and accuracy.

Bolos



CULTURAL AND SOCIAL ACTIVITY

CINEMA

Cinema is a culturally enriching experience that **enhances intercultural understanding and encourages dialogue**. It is also a fun way to enjoy a film and spend quality time together.

Cinema trips are organised to watch the **latest film releases**, including action, science fiction, adventure, comedy and other genres.

Depending on the time of year, **outdoor cinema** screenings may also be organised, offering a different kind of cinema experience

Many of these films are discussed and **analysed in class** to encourage **interesting debates and discussions** among students, helping them improve their Spanish language skills.

Cine



CULTURAL AND SOCIAL ACTIVITY

COOKING

A cooking workshop is a place where participants learn to **prepare dishes and follow recipes under the guidance of a chef** or instructor.

The workshops focus on specific themes, such as **traditional Spanish cuisine**, and include hands-on instruction, demonstrations and **food testing.**

Ingredients and cooking equipment are provided, encouraging **social interaction** and catering for all skill levels. These experiences promote culinary education, creativity, an appreciation of cooking and, of course, language learning.

Cocina

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SPORT ACTIVITY

HORSE RIDING

Our horse riding workshops provide an educational experience designed to teach participants how to ride a horse.

Led by **experienced riders**, these sessions focus on developing essential equestrian skills, **such as riding, guiding and caring for horses.**

Participants receive both practical and theoretical instruction, learn horse riding techniques and have the opportunity to **develop a bond with the horses.**

These workshops offer a chance to experience horse riding safely and enjoy interacting with these majestic animals in a **controlled environment.**

Paseo a caballo



SPORT ACTIVITY

FOOTBALL

Football lessons are **educational and practical sessions** designed to teach participants, usually children and young people, the **fundamentals of football.**

These sessions are led by **experienced coaches** and focus on aspects such as ball control, passing techniques, game tactics and physical skills.

Participants have the opportunity to develop their skills in a structured and supportive environment **alongside local football teams**, improving their abilities on the pitch and their understanding of the game.

Football lessons encourage physical activity, **social interaction and team spirit,** while also fostering a passion for this popular sport.

Fútbol



SPORTS AND SOCIAL ACTIVITY

GYM

Gym classes are training sessions led **by certified instructors**, held in a gym or fitness centre.

These **classes** offer a variety of activities, **including aerobics, weightlifting, yoga, pilates, spinning and more.** Participants follow a structured exercise routine designed to improve **strength, endurance, flexibility and cardiovascular health.**

Gym classes provide real-time guidance, motivation and the opportunity to **exercise in a group environment**, encouraging regular physical activity and promoting overall **wellbeing.**

Gimnasio



TEAM CHALLENGE

A fun and competitive activity involving a series of **tasks or challenges** that participants must complete along a predetermined route or course.

These challenges may include r**iddles, games, physical or mental obstacles, and specific tasks.**

The activity takes place outdoors around the city of Granada and can be completed individually or in teams.

The aim is to complete all the challenges in the shortest possible time.

These team challenges encourage **cooperation, problem-solving, creativity and fun**, and are commonly used in recreational, educational and team-building activities.

Gimkana



CULTURAL AND SOCIAL ACTIVITY

KARTING

Karting is an exciting **racing activity** involving small four-wheeled vehicles known as go-karts.

Participants race around a specially designed circuit at **high speeds, navigating tight corners and fast straights.**

Karting is a popular activity for both experienced enthusiasts and beginners, as it offers an exciting and accessible driving experience.

Races can be friendly or competitive, depending on the occasion. It is an excellent way to experience the **adrenaline** and **excitement** of racing in a safe and controlled environment.

Karting



SPORT ACTIVITY

PAINTBALL

Paintball is an exciting recreational and sporting activity in which participants take part in **simulated combat** scenarios.

Players use paintball markers to shoot **non-toxic paintballs** at their opponents.

The aim is to eliminate opposing players or complete specific missions in an outdoor setting or on a specially designed paintball field.

Participants wear protective masks and tactical gear to **minimise the risk of injury.**
Paintball combines strategy, **teamwork and adrenaline,** making it a fun and exciting experience for friends, colleagues and sports teams.

Paintball



SPORT ACTIVITY

WATER PARK

A water park is an entertainment destination offering a **wide variety of exciting water attractions and activities** for all ages.

At these parks, visitors can enjoy water slides, **wave pools, lazy rivers, jacuzzis and interactive play areas.** Safety **measures and lifeguards** are always in place to ensure a safe and enjoyable experience. In addition, water parks often provide shaded relaxation areas, restaurants and souvenir shops.

They are ideal places to cool off and enjoy the sunshine on hot days, and are particularly popular with families and groups of friends looking for a combination of **water-based fun and relaxation.**

Parque acuático



CULTURAL AND SOCIAL ACTIVITY

GRANADA SCIENCE PARK

The Granada Science Park is a **cultural and educational centre** that **combines science, technology and culture in an interactive and dynamic environment.**

It features **exhibitions, interactive experiments, museums, botanical gardens and astronomical observation areas,** among other attractions.

Visitors can explore scientific concepts through hands-on **activities, multimedia exhibitions and live demonstrations.**

The park offers educational programmes, talks and workshops for all ages, making it a popular destination for **learning and fun.**

Parque de las ciencias



SPORT ACTIVITY

ZIP LINE PARK

An exciting outdoor adventure destination offering **a fun and adventurous experience** for people of all ages.

At these parks, visitors can enjoy a **network of cables suspended between platforms in trees or other structures**, allowing them to glide through the air while securely attached to **safety harnesses.**

Zip lining combines the thrill of speed with the **beauty of nature,** as these parks are often located in **forests or other natural settings.**

These activities encourage outdoor adventure and **teamwork**, while offering a unique perspective of the natural surroundings from above.

Tirolinas



SPORT ACTIVITY

ICE SKATING

Ice skating is an exciting activity that takes place on specially designed **rinks with ice surfaces**. Skaters use ice skates to glide smoothly and gracefully across the ice.

It can be enjoyed as either a recreational activity or a sport and is popular in cold climates and indoor ice rinks throughout the year. Skaters can experience the **sense of freedom and fluidity of gliding across the ice**, as well as the opportunity to perform spins, jumps and artistic movements.

It is an excellent form of exercise that **improves balance, coordination and endurance,** while also being a **fun and graceful activit**y that appeals to both beginners and experienced skaters.

Patinaje sobre hielo



SEGWAY

A Segway is a **personal transportation** device that combines a **self-balancing** system with electric mobility.

It consists of a platform with two wheels and an upright handlebar, on which the rider stands. To move, the rider leans forwards or backwards, causing the Segway to travel in the corresponding direction.

Speed and direction are controlled by leaning and turning the handlebars. This activity **offers a fun and efficient way to get around**, whether for sightseeing tours, visits to parks or exploring urban areas.

Segways are easy to learn to ride and provide a unique mobility experience.

CULTURAL AND SOCIAL ACTIVITY

Segway



CULTURAL AND SOCIAL ACTIVITY

HIKING

Hiking is an outdoor activity that involves walking along **nature trails**, usually in mountainous, wooded or rural areas.

Hikers **explore nature on foot**, enjoying the scenery and experiencing a direct connection with their surroundings.

This activity promotes **physical fitness, wellbeing** and an appreciation of nature. It is also a flexible activity that can be adapted to different fitness levels and preferences, offering an opportunity t**o unwind, relax and enjoy the natural surroundings**, as well as observe wildlife and plants in their natural habitats.

Senderismo



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SPORT ACTIVITY

INDOOR ROCK CLIMBING

An indoor climbing centre is a facility specifically designed for **indoor rock climbing**. It features vertical structures that **simulate natural rock faces and offer a variety of climbing routes and obstacles** of different difficulty levels.

Climbers use harnesses and ropes to stay safe while climbing the walls, and **safety mats are also provided to protect them** in the event of a fall.

Indoor rock climbing is a sporting activity that combines **strength, balance, endurance and skill.**

It is suitable for people of all experience levels, from beginners to advanced climbers. It is also a **social activity**, as climbing centres provide opportunities for climbers to **meet, share advice and support one another.**

Escalada



CULTURAL AND SOCIAL ACTIVITY

THEATRE

Theatre is a form of **performing art** in which actors portray characters and bring stories to life on stage before a **live audience.**

Through **acting, music, lighting and set design,** theatre creates a unique and **emotional experience for the audience.**

It is an artistic expression that can **convey ideas, emotions and profound messages, making it a powerful form of entertainment and communication.**

Theatre encompasses a wide **range of genres, from drama and comedy to opera and experimental theatre,** and has been an essential part of human culture for centuries.

Teatro



SPORT ACTIVITY

TENNIS

Tennis is a sport played on a rectangular **court divided by a net**. Two players or two pairs compete by hitting a ball over the net, aiming to prevent their opponents from returning it within the boundaries of the court.

Tennis is a **fast-paced sport that requires skill and endurance.** It is played on different surfaces, including **grass** and clay courts. Players use **rackets** to hit the **ball** and score points to win games and sets.

It is a **physical activity that combines skill and strategy** and is popular at both professional and amateur levels around the world. It also encourages healthy competition, exercise and fun.

Tenis

We offer educational and informative excursions, providing comprehensive tourist information tailored to the group's needs and interests, so you can make the most of your stay.





TRIPS

SIERRA NEVADA

Sierra Nevada is a mountain range in southern Spain, renowned for its stunning natural beauty and activities such as skiing. It is an area of great ecological importance and a popular destination for mountain tourism and winter sports.

CAHORROS

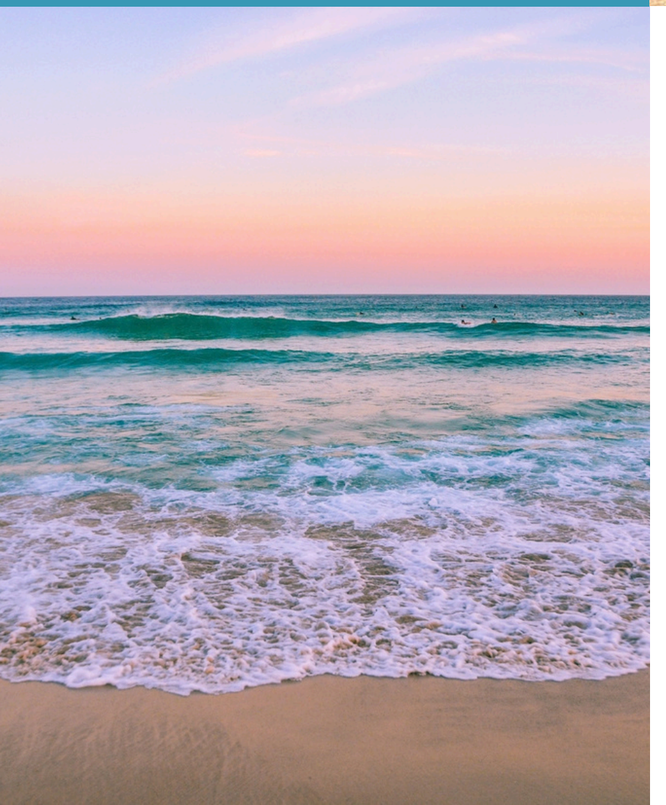
Los Cahorros is a beautiful natural area featuring a narrow gorge carved out by the Monachil River. It is famous for its spectacular hiking trails and suspension bridges, which allow visitors to explore the stunning natural surroundings.

MÁLAGA

Known for its warm climate, beautiful beaches and rich cultural heritage, Málaga is the birthplace of the famous painter Pablo Picasso and offers a blend of history, art and gastronomy. It is a popular tourist destination with a wide range of museums, historic architecture and vibrant nightlife.

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TRIPS

GRANADA'S BEACHES

Some of the closest beaches to Granada are in Motril, Salobreña and Almuñécar. These beaches are popular destinations for both locals and visitors looking to enjoy the sea and sunshine, located approximately 40–60 minutes from Granada city centre.

ALBAYCIN

The Albaicín is a historic neighbourhood in Granada, renowned for its Moorish architecture and narrow, winding streets. It preserves important reminders of the city's Muslim past, with whitewashed houses and charming squares. It offers spectacular views of the Alhambra and the Sierra Nevada mountains.
The neighbourhood is famous for its bohemian atmosphere, craft shops and restaurants serving authentic Andalusian cuisine. It forms part of a UNESCO World Heritage Site.

SACROMONTE

Sacromonte is a historic neighbourhood in Granada, famous for its cave dwellings carved into the surrounding hills. With its rich Romani and Andalusian heritage, it is particularly well known for its flamenco music and dance performances.

Sacromonte is a cultural landmark and popular tourist destination, offering visitors a unique experience and panoramic views of the Alhambra. It is an iconic place to discover Granada's history, culture and musical traditions.

We offer educational and informative excursions, providing comprehensive tourist information tailored to the group's needs and interests, so you can make the most of your stay.





T R I P S

ALPUJARRA

The Alpujarra is a mountainous region in southern Spain, known for its stunning scenery, whitewashed villages and rich cultural heritage.

Famous for its Moorish architecture, terraced farmland and traditional crafts, it offers picturesque villages, scenic hiking trails and delicious local cuisine to discover.

PARQUE NATURAL DE LAS SIERRAS DE CAZORLA, SEGURA Y LAS VILLAS

One of the largest natural parks in Spain, ideal for hiking and wildlife watching.

ÚBEDA-BAEZA

Úbeda and Baeza are two historic towns in the province of Jaén, Spain. Both are renowned for their impressive Renaissance architecture and have been designated UNESCO World Heritage Sites.



CONTACT WITH US

If you require any further information, please do not hesitate to contact us using any of the contact details provided in this presentation.
We are happy to answer any questions you may have and provide any additional information you need.

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